



THE
COCONUT TREE
UNIQUELY SRI LANKAN



ALLERGEN INFORMATION

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All our food is **freshly prepared** each day. If you have an allergy or intolerance, please inform your server before ordering.

Food is prepared in an environment where allergens are present. We take great care to prevent cross-contamination. We cannot guarantee that dishes will be 100% free of allergens.

Some of the products we are using are made in a factory that handles: Peanuts & other nuts, sesame seeds, cereals containing gluten, milk, egg, celery, mustard and sulphites. For good practice, we cannot guarantee that any of our dishes are 100% allergen free.

Please talk to a member of staff for more information.

On each page, a coconut tree icon denotes which specified allergenic ingredient is present in that dish. Sometimes the ingredient is not included in the menu description but may be part of a sauce for example.

KEY



Dish contains allergen



May contain allergen




Ingredient used









HOPPERS

 Dish contains allergen  May contain allergen  Ingredient used














DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
EGG HOPPER <i>172kcal</i>																	
PLAIN HOPPER <i>113kcal</i>																	

SHORT EATS

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
CHEESY COLUMBO <i>721kcal</i>																	
CHICKPEAS <i>390kcal</i>																	






















MEAT / FISH

 Dish contains allergen  May contain allergen  Ingredient used

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
CHICKEN CURRY ON THE BONE 408kcal															✓	✓	✓
JAFFNA GOAT & POTATO CURRY 425kcal															✓		✓
BLACK PORK 794kcal															✓	✓	✓
PRAWN CURRY 349kcal															✓	✓	✓
HOT BATTERED CALAMARI 349kcal															✓		✓
DEVILLED CHICKEN WINGS 295kcal															✓	✓	✓
DEVILLED PRAWNS 280kcal															✓	✓	✓
NEGOMBO FISH CURRY 310kcal																	


VEGAN

 Dish contains allergen  May contain allergen  Ingredient used

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
KAJU MALUWA (CASHEW NUTS) 512kcal																	
PARIPPU (DHAL) 332kcal																	
FAT SISTER 136kcal																	
SRI-TATO 320kcal																	
BEETROOT BADUMA 349kcal																	
COCONUT & CABBAGE SAMBOL 40kcal																	
5C'S SAMBOL 34kcal																	
COCONUT SAMBOL 244kcal																	

























VEGAN CONT.

 Dish contains allergen  May contain allergen  Ingredient used

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
JACKFRUIT WINGS <i>290kcal</i>																	
BEETROOT BADUMA <i>115kcal</i>																	
LADY'S FINGERS <i>85kcal</i>																	
HOT BATTERED CAULI <i>270kcal</i>																	
MANGO CURRY <i>210kcal</i>																	








KOTTHU

 Dish contains allergen  May contain allergen  Ingredient used

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
VEGAN KOTTHU <i>435kcal</i>																	
VEGETARIAN KOTTHU <i>474kcal</i>																	
JACKFRUIT KOTTHU <i>460kcal</i>																	
ROAST CHICKEN KOTTHU <i>536kcal</i>																	
MIXED SEAFOOD KOTTHU <i>545kcal</i>																	






STRING HOPPER KOTTHU

 Dish contains allergen  May contain allergen  Ingredient used


DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
VEGAN STRING HOPPER KOTTHU <i>365kcal</i>															✓		✓
VEGETARIAN STRING HOPPER KOTTHU <i>340kcal</i>															✓		✓
JACKFRUIT STRING HOPPER KOTTHU <i>365kcal</i>															✓	✓	✓
ROAST CHICKEN STRING HOPPER KOTTHU <i>402kcal</i>															✓	✓	✓
MIXED SEAFOOD STRING HOPPER KOTTHU <i>411kcal</i>															✓	✓	✓

FRIED RICE

 Dish contains allergen  May contain allergen  Ingredient used






DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
VEGAN FRIED RICE <i>281kcal</i>															✓		✓
MIXED SEAFOOD FRIED RICE <i>352kcal</i>															✓	✓	✓
Add a fried egg! <i>77kcal</i>																	

SIDES

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
PAROTTA ROTTI <i>240kcal</i>																	
BASMATI PANDAN RICE <i>474kcal</i>																	
STICKY RICE 'KIRIBATH' <i>143kcal</i>																	







CONDIMENTS

 Dish contains allergen  May contain allergen  Ingredient used

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
SEENI SAMBOL <i>86kcal</i>															✓		
BRINJAL MOJU <i>140kcal</i>															✓	✓	
CHILLI PASTE <i>122kcal</i>															✓	✓	✓
MALAY PICKLE <i>21kcal</i>															✓		✓
FRIED EGG <i>77kcal</i>																	








SWEETS

 Dish contains allergen  May contain allergen  Ingredient used

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
PANNA COTTA <i>481kcal</i>																	
VANILLA ICE CREAM <i>199kcal</i>																	
VEGAN STRACCIATELLA ICE CREAM <i>199kcal</i>																	
CHOCOLATE ICE CREAM <i>199kcal</i>																	
CARAMEL ICE CREAM <i>199kcal</i>																	
MYLADY <i>43kcal</i>																	

BATTA (KIDS)

 Dish contains allergen  May contain allergen  Ingredient used

DISH	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHITE	ONIONS / LEEKS	TOMATOES	GARLIC
CRISPY CHICKEN NUGGETS 353kcal																	
EGG FRIED RICE 253kcal																	
CHEESY HOPPER PANCAKE 326kcal																	
CHEESE & TOMATO PIZZA 320kcal																	
STIR FRIED CHICKPEA 246kcal																	
CHEESE BITES 430kcal							